## SUPPLEMENTAL MATERIALS

## Supplemental Table 1: Snacking Food Groupings from USDA Food and Nutrient Database for Dietary Studies used to Determine Snacking Patterns

| Group Number | Group Name | Food Codes |
| :---: | :---: | :---: |
| 110 | Whole milk | $11000000,11100000,1111000,11111100,11111150,11114000,11114100$, 11114350, 11116000, 11120000, 11121100, 11122000, 11210050, 11211050, 11220000 |
| 111 | Low fat milk | 11x not whole milk |
| 12 | Creams | 12x |
| 13 | Milk desserts | $13 x$ |
| 14 | Cheeses | 14x |
| 2 | MPF | 2 x |
| 3 | Eggs | 3 x |
| 53 | Cakes, cookies, pies, pastries | $53 x$ |
| 54 | Crackers \& salty snacks from grain | $54 x$ |
| 57 | Cereals | 57x |
| 5 | Other Grain | 5 x not 53x, 54x, 57x |
| 6 | Whole fruit | 6 x not $612,64 \mathrm{x}, 67 \mathrm{x}$ |
| 612 | Fruit juices | 612, 64x, 67x |
| 7 | Veg \& legumes | $4 \mathrm{x}, 7 \mathrm{x}$ |
| 8 | Fats and oils | 8 x |
| 91 | Sugars and sweets | 91x |
| 921 | Coffee/tea | 921x, 922x, 923x |
| 924 | Soft drink | 924 x |
| 925 | Fruit drink | 925x |
| 926 | Non fruit drinks | 926x, 927x, 928x, 929x, 94x |
| 93 | Alcoholic beverages | 93 x |

Supplemental Table 2: The Most Commonly Consumed Foods in each Snacking Pattern Consumed by Children 2-18 Years of Age Participating in 2001-2008 NHANES

| NO. | Cluster Names | Examples of Foods | \% Snack Calories <br> at Centroid of <br> Cluster |
| :--- | :--- | :--- | :--- |
| 1 | Cakes/Cookies/Pastries | cookies, cakes, doughnut, breakfast bars, pies, churros, danish, pastry, <br> brownie, éclair, fried pastry, apple crisp, biscotti, turnover, crepe, cream <br> puff, cobbler, jellyroll, cupcake, empanada | 54 |
| 2 | Miscellaneous Snacks | Meat/poultry/fish <br> corn or hotdog, chicken nuggets, ham, ground beef, beef jerky, chicken <br> wings/drumsticks, bologna, turkey, cheeseburger, deli meats/cold cuts, <br> salami, pork skins, pepperoni, sausage, tuna salad, beef steak, meatloaf, <br> bacon, shrimp, pot pie, chicken soup, pork chop, fish stick/patty, pork ribs, <br> mixed dishes | 13 |
|  |  | Whole Milk <br> regular, condensed milk, reconstituted dry milk |  |
|  |  | Fruit Juice <br> apple, orange, fruit juice blend/citrus or 100\% juice, grape, fruit smoothie, <br> lemon, grapefruit, pineapple, apple cider, apple-cherry juice, strawberry <br> juice, watermelon | 12 |


| 3 | Crackers/Salty Snacks | corn puffs/chips, tortilla chips, popcorn, crackers, salty snack mixtures, <br> rice cakes, pretzels, bagel chips | 67 |
| :--- | :--- | :--- | :--- |
| 4 | Milk Desserts | ice cream (fat free/light), sherbert, pudding, flan | 54 |
| 5 | Sweets | Hard candy, taffy, chocolate, ice pop, chewing gum, peanut butter cup, M <br> \& M's, caramel/toffee, Milky W, 3 Musketeers, jelly, fondant, fruit ice, fruit <br> or chocolate flavored syrup,/toppings, gelatin, marshmallows, icing, <br> coconut candy, fudge, maple syrup, chocolate covered peanuts/nuts | 74 |
| 6 | Other Grains | Bread, rolls/sticks, tortilla, pizza, bagels, sweet roll, nachos, <br> macaroni/noodles, muffins, quesadilla, turnover, biscuits, ravioli, taco, <br> burrito, croissant, spaghetti, noodle soup, pasta/lasagna, rice, funnel <br> cake, taquitos, empanada, churros, egg rolls, fried puffs, fajita, tamale, <br> enchilada | 47 |
| 8 | Low-Fat Milk | 1\%, 2\% or non-fat milk | 55 |
| 9 | Vegetables/Legumes | Potatoes (baked chips), catsup, salsa, peanuts/seeds/nuts, lettuce, <br> carrots, tomatoes, cucumbers, corn, broccoli, meatless spaghetti sauce, <br> onions, refried beans, celery, potato salad, plantain, cauliflower, turnip <br> greens, kale, spinach | 53 |
| 10 | Soft Drinks | Whole Fruit | Fruit flavored, cola type, root beer |



Supplemental Figure 1: Distribution of Percent Energy from Snacks by Weight Status.

