SUPPLEMENTAL MATERIALS

Supplementary Table 1: Descriptive Statistics of the Studied Sample

Variables	Measurement point	
	Baseline (n = 543)	One year follow-up (n = 480)
Gender (Male)	522 (96.1)	-
Age	68.3 (8.3)	-
Previous hospital admissions	,	
0	402 (74)	-
1	88 (16.2)	-
≥2	53 (9.8)	-
FEV _{1%}	55.0 (13.3)	-
health status	6.8 (2.1)	-
Outcome: ST George Total score	39.17 (20.09)	37.01 (20.52)

Values are shown as mean (standard deviation).

Value displayed as frequency (percentage).

FEV_{1%}, Forced expiratory volume at 1 second.

ST George Total score: Total score of the Saint George Questionnaire.